



City Clerks Association of California (CCAC)
Education Workshop
Hosted by Region 1 (Redwood Empire)
(Open to All CCAC Members)
Friday, May 10, 2019 at 10:15 a.m.

Understanding the Psychological Impact of Disasters and Providing Psychological First Aid

HOST:	City of Fort Bragg
WHEN:	Friday, May 10, 2019 – 10:15 a.m. to 3:30 p.m.
WHERE:	363 N. Main Street, Fort Bragg, CA 95437
AGENDA:	<p>10:15 a.m. Registration</p> <p>10:30 a.m. – 3:30 p.m. <i>Understanding the Psychological Impact of Disasters and Providing Psychological First Aid:</i> Being ready today for what may occur tomorrow is imperative to ensure the safety and wellbeing of a community. When you can understand the psychological impact that a disaster may have on the individuals, then you will realize that providing psychological first aid during a disaster is necessary to aid the healing process after a disaster occurs. This training will go into depth on both topics, teaching trainees what reactions are normal after a disaster, the importance of resilience, triaging the most affected individuals and tools to calm individuals down. It will also talk about how to identify when reactions persist for too long, and the next steps to take if that occurs.</p> <p>12:30 – 1:00 p.m. Lunch</p> <p>Presenter: Deborah Silveria, Ph.D. licensed Psychologist and MFT</p>
FEE:	\$50 for CCAC Members / \$75 for Non-Members (Includes Lunch) Click here to register online. Pay by Credit Card or select to be invoiced.
POINTS:	This program has been approved by IIMC for <u>1 CMC</u> Education Point and <u>1 MMC</u> Education Point.

DEADLINE TO REGISTER: May 3, 2019 Cancellations are subject to the [CCAC Attendee Cancellation Policy](#).

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Contact Region Director April Sousa at (707) 668-5655 or cityclerk@bluelake.ca.gov with any questions.